



**myAir is the app that accompanies your ResMed device!** It is an easy-to-use web program and app that enables patients using ResMed's industry-leading AirSense™ or AirCurve™ devices to wirelessly track their own nightly sleep data and to receive interactive coaching.



myAir helps you start and stay on therapy. It can be used to check therapy at a glance, provide coaching tips, resolve basic questions and provides awards for hitting milestones.



## Before Appointment – Create & Activate your myAir Account

### 1. Download the myAir app

([click here](#) or scan the QR code below)

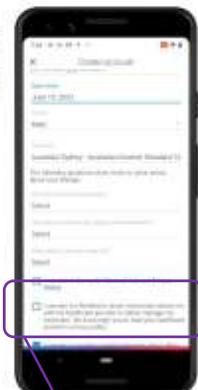
or type in: <https://myair.resmed.com/> )



### 2. Open the app

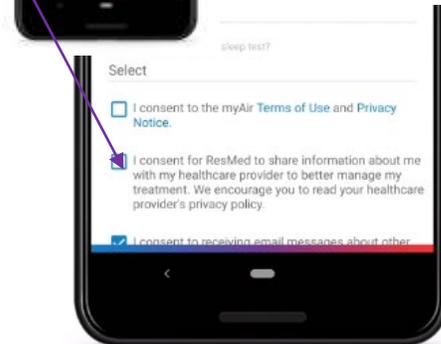
### 3. Create an account

- Select location (United States)
- First, last name
- Email, confirm email
- Date of birth
- Gender
- Time zone



### 4. Scroll down to complete consent

- Check the consent to terms of use and privacy notice (both can be ready by clicking on the blue phrases in the app)
- **Check consent for ResMed to share information with your healthcare provider (recommended)**
- Check box to be informed (if chosen)



### 5. Click "Continue" in the app

### 6. Check Email and Activate Account

- Please bring your smartphone with the app pre-downloaded to your set-up appointment



## During Your Appointment – Enter PAP Device Information

1. Log into the myAir app with your username and password
2. Select your machine (the Clinician doing your set-up will let you know which machine you'll be getting – wait for this info before you select your machine).



### 3a. If AirSense 10

- Add PAP device information:
  - Serial number
  - Device number
  - Type of mask and manufacturer



### 3b. If AirSense 11

- enter the 4 digit code found on the PAP device's touchscreen.
- Follow steps for Personal Therapy Assistant
  - Machine Set-up
  - Mask Set-up
  - Test Drive



## Start Using myAir!

Starting after night one completing your myAir account:

- Daily Sleep Score & History to track progress
- Helpful Videos
- Therapy Tips

*All to help you to be successful with your therapy!*

***Continue to check myAir daily!***

